

# Youth Field Hockey League

A FUN and great way to learn and play field hockey

**Where:** Kent Denver School

**Time:** Sundays 1:00-2:30

**Dates:** 2/7, 2/21, 2/28, 3/7, 3/14, 4/11, 4/18, 4/25, 5/2, 5/9, 5/16, 5/23

**Who:** All boys and girls aged 5 to 14

Coaches: Kathy James—Head Coach Kent Denver

Brian Nutter—Head Coach Mountain Vista

Paul Lewis—Head Coach Palmer Ridge

Garrett Best—Future's Coach

Whit Ryan—Goalkeeping Coach

**Format:** We will have 4 groups of players U14-boys, U14-girls, U11-coed, and U8-coed. The format will be skill development and drills with small game play. Our goal is to introduce field hockey to young girls and boys with the objectives of preparing girls for high school and advanced play at the national level and creating a men's youth development site here in CO.

**Cost:** Cost is \$80 and players MUST be a USFHA member ([www.usfieldhockey.org](http://www.usfieldhockey.org)) to participate.

**Forms:** We have included the registration form and waiver. Please fill out and mail with a check to Kathy James 25991 E Geddes Cir Aurora, CO 80016 and please make your check out to Kathy James

**Questions:** [Kathy.James@ucdenver.edu](mailto:Kathy.James@ucdenver.edu)

